

Confident in My Shoes

A character building and empowerment
class for ages 10-15.

For class schedule visit www.personalbreakthru.com

Course Covers:

Integrity, Friend or Foe,
Navigating the Table, Impressions 101, Peer
Pressure, Giving Back, Hopes and Dreams, Being
a Guest, Supergirl, My Voice, My Discovery,
Playing the Game of Sports.

Personal Breakthru is helping to build strong, considerate young ladies
and gentlemen by giving them skills to last a lifetime.

 *personal*
breakthru!

Start the Journey:

www.personalbreakthru.com
Melissa: 804.241.3639
info@personalbreakthru.com

Location:

Visit www.personalbreakthru.com
to find a class and
location near you.